



Spread the Nembutsu Wherever You Go Reverend Yuki Sugahara

This year Hongwanji is celebrating the 850th Anniversary of Shinran Shonin's birth and 800th Anniversary of the establishment of Jodo Shinshu. This joint celebration extends from March 29 to May 21 and many people from all over the world will attend the services and events. This year, we are also having the World Buddhist Women's Convention in Kyoto in May. So it will be interesting to see many people from BCA and other oversea districts in Japan.

During the life of Shinran Shonin, one of the biggest events was that in 1207 he and his teacher Honen Shonin were exiled from Kyoto to different locations due to the court banning the Nembutsu teaching. Honen Shonin was originally planned to be exiled to Tosa (Kochi prefecture), but considering his age, he was exiled to Sanuki (Kagawa prefecture) instead. Shinran Shonin was exiled to Echigo (Niigata prefecture) and stayed there for five years. It is said that Honen Shonin told Shinran Shonin to spread the Nembutsu wherever he goes.

Shinran Shonin was probably planning to return to Kyoto as soon as possible, but unfortunately, he and Honen were never able to meet again. When Shinran Shonin heard the news about Honen Shonin's passing in 1212, Shinran's desire to return to Kyoto immediately likely disappeared. I'm not sure if he was already receiving the invitation to visit the Kanto region or not, but after the pardon from the court, Shinran Shonin decided to go to the Kanto region to spread the Nembutsu teaching. He followed the spirit of Honen Shonin's words "Spread the teaching of Nembutsu wherever you go."

When I moved to Portland in June, 2017, these words of Honen Shonin was the spirit I followed. I didn't know much about Portland except it rains a lot and the Trailblazers. I knew no one and no one knew me, so we had to start knowing each other from the beginning. I think we were able to build a good relationship as Dharma friends since the "legendary" first public lecture series which gathered close to 400 people in three sessions! And we nurtured the friendship over the years.

The pandemic made us apart physically but the online services made us closer mentally. Our YouTube channel subscribers were about 100 people in 2020, but now it grew to 1,430 people. Most of my online morning services' attendees are from out of state or the country. This shows people's interest in Jodo Shinshu teachings around the world and I am unsure about OBT Sangha's potential for growth.

This is why it is my regret is to leave Portland this June. As it was announced at the general meeting in February, I am being transferred to Sacramento Betsuin full time. It is sad that I have to leave, but I am reminding myself of the words of Honen Shonin: "Spread the teaching of Nembutsu wherever you go."

We still have few more months to spend together so I am hoping that we can enjoy the Nembutsu teaching together and share the moment of life together. And now, I want to share the words which is said to be of Shinran Shonin.

"If you are saying the nembutsu alone, think as two. If you are saying the Nembutsu with two think as three. One out of them is I, Shinran. Within the nembutsu teaching, we are never apart. Namo Amida Butsu."

Gassho

Save the Date
June 17 for Reverend Yuki and family's Farewell
Party at the Oregon Buddhist Temple
More information to follow

"OBT welcomes all people regardless of ethnicity, age, sexual orientation, gender identification, and political or religious affiliation."

Oregon Buddhist Temple 3720 SE 34th Avenue Portland, OR 97202-3037 503-234-9456

e-mail: info@oregonbuddhisttemple.com website: <http://www.oregonbuddhisttemple.com>

Please contact the temple with any comments, questions or concerns, or if you wish to report a change of address.

March Shotsuki Hoyo

This is a monthly memorial service to honor and remember those loved ones who passed away during the month of March. The Shotsuki-Hoyo service will be held at the March 19 Sunday service at 10 am. Please join us and offer incense in memory of your relative(s) or friends.

Listed below are the names of those who passed away starting from 1950. Oregon Buddhist Temple has records from 1904. Names of deceased prior to 1950 are added if requested. If a name is missing or incorrect, please notify Jean Matsumoto, Etsu Osaki, or the temple.

Abe, Chozo 3/26/1962	Kuranishi, Torakazu 3/12/1956	Saito, Hisako 3/25/2002 *
Ando, Michael Allyn Noboru 3/8/2018	Kurata, Toraichi 3/12/1956	Sakurai, Chiyoko 3/11/1986 *
Aoki, George Shigeru 3/8/1986	Kuribayashi, Tatsuko 3/8/2011	Sanjo, Iki 3/26/1970
Choi, Wonchoon 3/6/1966	Kurihara, Wallace 3/19/2020	Sasaki, Ojiro Art 3/27/2004
Dilley, Masako 3/23/1991	Maeda, Yaeko 3/23/1986 *	Sato, Sueno 3/12/1980
Feingold, Ben 3/22/1982	Masuoka, Mathew M 3/20/1998	Serikaku, Beatrice 3/31/1999
Fujita, Haru 3/7/1999 *	Matsunaga, Henry 3/10/1985	Shiogi, Sadaji 3/14/1975
Hamada, Hana 3/9/1993 *	Mishiro, Iki 3/1970 *	Shiraishi, Joe 3/6/2005
Hara, Eijiro 3/16/1959	Miura, Hitoshi 3/18/1975	Shiraishi, Yutaka 3/19/1996
Hariya, Shinichi 3/9/1955	Mizote, Wataru 3/4/1962	Takabayashi, Yukino 3/9/1976 *
Haruki, Koji 3/23/1959	Muraki, Makie 3/24/2017	Takano, Yoshigo 3/7/1963
Hataseki, Taro 3/7/1953	Muramatsu, Kyu 3/31/1966 *	Takeuchi, Dori Junko 3/22/1976
Higashi, Roy 3/19/1998	Naganuma, Sumi 3/1981 *	Takeuchi, Janet Setsuko 3/22/1976
Ikata, Sumiko 3/30/2016 *	Nakashimada, Leke 3/30/2012	Tamura, Kuniji 3/17/2001
Itoyama, Shohachi 3/11/1956	Nakashimada, Mary 3/15/2009 *	Tanada, Howard Toshikatsu 3/29/1994
Kakishita, Shigeichi 3/1/1993	Nakashimada, Tatsuzo 3/5/1952	Tanaka, Toshiko 3/23/2013 *
Kanai, Nancy Hisako 3/12/1987	Naruki, Koji 3/23/1959	Tanaka, Yutaka 3/10/1962
Kato, Hanjiro 3/27/1955	Nishida, Gunichi 3/25/1997	Tsujimura, Tokichi Tom 3/8/1971
Kida, James Keijiro 3/31/1988	Nishimura, Kijyu 3/31/1982 *	Uyesugi, Kazue 3/1974 *
Kitagawa, Sada 3/20/1993	Nunotani, Shinichi 3/9/1955	Uyetake, Shio 3/16/2009
Koike, Chikara 3/10/1986	Ochiai, Zenzaburo 3/4/1982	Watari, Jack Shizuma 3/19/1999
Koike, Toshiko 3/31/2006 *	Okabayashi, Hatsu 3/19/1968	Yamada, Frances Yurie 3/26/2015
Kono, Jean Owashi 3/3/2015	Onishi, Fred 3/1/1982	Yamada, Senichiro 3/1/1958
Kuranishi, Isao 3/26/1995 *	Rikiishi, Tameichi 3/30/1964	Yamano, Shigetaro 3/6/1978
	Sadamoto, Yoshito G 3/30/2006	
	Saheki, Akira Cap 3/31/2014	

* OBWA MEMBER

2023 Memorial Services

Year	Year	Year	Year
Of Passing	Memorial	Of Passing	Memorial
2022	1 Year	2007	17 Year
2021	3 Year	1999	25 Year
2016	7 year	1991	33 Year
2011	13 Year	1974	50 Year

If you would like to schedule a memorial service for loved ones or ancestors, please make arrangements With Reverend Sugahara at 916-834-7350 or ysobtoportland0612017@oregonbuddhisttemple.com

Condolences



To the family of Mrs. May Watari who passed away on February 10, 2023. She had recently celebrated her 100th birthday, as indicated by the 1000 cranes in the photo. Retired minister Ron Kobata performed the pillow service coordinated with minister's assistant Ken Garner, thanks to Yuki Sensei



President/s Column Charles Reneau, OBT President

By now, you've probably heard that Rev. Sugahara is going to move to California to work full-time as the Rinban of the Sacramento Betsuin. Please offer him your congratulations! Seeing him elevated to these responsibilities validates the respect and admiration we feel for him, after enjoying his talents and dedication here in Oregon. Of course, this is sad news for us here at the OBT. We will miss Sensei and his family.

Due to the BCA's ministerial shortage, the Northern District is operating short-handed, compared to the Northwest District. As Bishop Harada explained to OBT leadership last month, Rev. Sugahara's mentorship will be valuable to the whole Northern District, and the many Jodo Shinshu Buddhists there. We have expressed to the Bishop our interest in maintaining a resident minister, and our financial capability of paying a competitive salary. However, the population of the Northern District is much larger, and the Bishop must balance the needs of the many against the needs of the few.

The solution to the ministerial shortage is of course to train more ministers, and the Institute of Buddhist Studies has about half a dozen students nearing graduation, as well as a number of certificate students in training. However, the number of graduates is equaled by the number of retirements expected in the near future. So, unfortunately, we can expect to be without a resident minister for some number of years.

While Rev. Sugahara's reassignment was not a surprise, it is still a sobering moment: maintaining the kinds of programming and services we enjoyed with a resident minister will be a challenge. In the last week, the Buddhist Education Committee and the Board discussed steps we can take to fulfill our mission in these circumstances, and our plans are beginning to coalesce:

- We will be assigned a Supervising Minister, either Rev. Kusunoki of the Seattle Betsuin, or Rev. Koyama of the Tacoma Buddhist Temple.
- We hope to have consistent, perhaps monthly visits by our Supervising Minister.
- We are planning to maintain weekly services on Sunday mornings, but may alter the format of our Services to moderate the workload on our Minister's Assistants.
- We are planning some fun social events that have a low-volunteer-workload, in order to strengthen the bonds of our community

Finally, our Board is planning its first ever Retreat, to be held in March. We are taking a Saturday to discuss two subjects: Volunteers and Membership. Our volunteers are the backbone of our Temple even when we have a resident minister; without one, we must work smartly to be effective and avoid burnout. Our membership relates both to the official Membership count we submit to the BCA (which in turn forms the basis for ministerial assignments) and to the number

of people who both benefit from the Dharma and help keep it alive in our community.

We have our work cut out for us. But this community has thrived even after far worse. With creativity and energy, we can rise to this challenge.

Gassho,
Charley

Daily On-line Services

Reverend Yuki conducts daily on-line services including Sundays at 8 am. On Sundays he also conducts a service at 10 am. Go to the Oregon Buddhist Temple web site and "Check out the

YouTube Channel of Oregon Buddhist Temple

Or click on

[Oregon Buddhist Temple - YouTube](#)

Why We Celebrate Ohigan

[お彼岸]

For Shin Buddhists, the equinox represents a time when nature and the universe are in harmony and is the perfect time to praise the Buddha's boundless compassion

In the Jodo Shinshu tradition, Ohigan is also called *Sanbutsu-e* (讃仏偈), a gathering to praise the Buddha, and Buddhists choose to observe the holiday at the fall and spring equinox because it is a time when nature and the universe are in harmony. The sun rises directly in the East and sets directly in the West. The length of day and night are the same, and the weather is neither too hot nor too cold. It marks a passage of seasons.

It is said that this harmonious time of year is the perfect time to contemplate the six paramitas. Paramita literally means "other shore" and the six practices are the tools that one uses to reach the other shore of enlightenment. They are: *dana*, selfless sharing; *sila*, correct behavior; *ksanti*, patience; *virya*, effort; *dhyana*, meditation; and *prajna*, wisdom.

For Jodo Shinshu Buddhists, Amida Buddha has perfected these six paramitas for us, which is why we gather to praise the Buddha.

By Reverend Jay Shinseki

The Spring Ohigan is normally celebrated on March 21st.

- "spring-season-other-shore-
gathering":

2023-2025 OBT Board and 2023 Officers

Term Ending 2025: Shinya Ichikawa, Jayne Ichikawa, Katie Tamiyasu, Kristen Wong

Term Ending 2024: Marilyn Huh, Suniti Kumar, Carol Saiget, Charles Reneau (President)

Term Ending 2023: Angie Hughes (Secretary), Jeanette Hager, Judy Hittle (Vice-President), Cathy Yarne

Elaine Yuzuriha (Financial Officer)

The below article by OBT board member Jayne Ichikawa is intended to help make the board more accessible to temple members



My Attachment to Age

The year, 2022, was going to be a memorable year for me. It began with a joyous New Year celebration with the family gathering. Exercising was going full speed with strength training classes, tennis/pickleball, walking/hiking regularly. Social gatherings had become more frequent after the horrific pandemic events being less severe and frightening. Temple services were now in person and our Sangha could gather at the temple with Rev Yuki.

The month of June arrived—only six more months until my birthday!

More excitement occurred when our grandson, Shawn arrived to live with us during his internship at OHSU from mid-June to early August. What a grand experience it was to have Shawn living with us! Some of you might have met him at our Obonfest last August. Unfortunately the year was speeding to December.

You might be wondering why I was so aware of the months of this year and dreading the month of December arriving. I have to confess it was my dread of turning 80 in December! Consequently I was feeling OLD, negative, consumed with the number 80, and feeling sorry for myself.

What happened to make this birthday so positive and make me change my attitude? I am sure you already know the answer to my question. Instead of having to face my birthday with gloom, I was showered with kindness and thoughtfulness from my wonderful family and friends. Surprise parties were organized for me. Then my family created a fabulous “Happy 80th Birthday, Grandma” memory book filled with photos and caring comments, a meeting on zoom for a “Grandma

Jeopardy” game on my birthday, and also organized a fabulous trip to Palm Springs which just occurred.

I finally realized that it was my attachment to my age that was the cause of my anxiety, negativity and vanity. Again I turned to one of my favorite books, Everyday Suchness, for wisdom and gratitude. It states that most of our troubles in our daily life are caused by attachment. Quoting several passages:

Non-attachment is one of the very important teachings in Buddhism. In fact, the life of Enlightenment is the way of non-attachment. Non-attachment is not detachment or indifference or escape. We should not become indifferent to life's problems.

When the sun shines, enjoy it; when it rains, enjoy it. All things in life, let them come and let them go. This is a secret of life that keeps one from getting upset or neurotic. The Buddha says that all things in life are in constant change, so do not become attached to them.

How grateful I am.

Gassho,

Jayne Ichikawa



Oregon Buddhist Women's Association Etsu Osaki

Notes from February OBWA Meeting

- Treasurer's report: checking account balance \$17,395.15 and \$17,761.15.
- We have new members: Francis Sumida-Palk and Kim Kono & Randy Choi.
- May Watari passed away on Feb 10, 2023.
- Next meeting will be March 18th at 10 am.

We will miss Rev Sugahara when goes to Sacramento Betsuin. We wish him much happiness and success there.

A Moment in Eternity by Lady Takeko Kujo

Shadows from the seven hills of Rome creep up to the ruins of an ancient civilization. The ruins seem to symbolize the end of history on earth. When compared with eternal nature, the briefness of man's history and his impermanence becomes clear. Our existence is no more than a grain of millet.

We must not let even a fraction of this time escape us—the sacredness of life thus becomes apparent. Our grief is not that life is so short, but that we are unable to live our

momentary life. Regardless of how momentary, however, there is no doubt that we exist.

TO RENEW YOUR 2023 OBWA
MEMBERSHIP, PLEASE SEND \$20 TO:

OBWA

3720 SE 34TH AVE

PORTLAND OR 97202

ALL varieties are \$6 per box. We'd like to officially welcome Essa who joined in October and was invested in February.

More about the OBT Girl Scouts

The scouts invest (i.e. commit) themselves in the Girl Scout Promise and Laws. After initially being welcomed into the troop, the girls annually rededicate themselves to those promise and laws.

Our troop is a little bit different as a special interest group as most if not all don't use the term "God" in the promise. As Buddhists, when this change was made, BCA Scouting was directly involved in having this change enacted. At that time BCA Scouting suggested "the Dharma" in exchange for "God". Currently some of our scouts use the Dharma, Nature, or Community as the higher power.

On my Honor, I will try
To serve The Dharma and my country
To help people at all times
And to live by the Girl Scout Law

Past Months' Newsletters

Can be viewed at the below link.

[Newsletter | oregonbuddhisttemple](#)

Girl Scouts Amy Peterson



The girls have their individual sites set up for cookie orders. Starting Feb 27 you can order cookies for delivery including the new Raspberry Rally that is similar to the favorite mint cookie. Instead of the mint cookie it is a raspberry cookie. They again have identified a local senior lunch program as a recipient for their Troop. Gift of Caring. Boxes can be purchased for donation instead of personal consumption. The girls are planning to use cookie profits for a trip to Wings and Waves in McMinnville. They want to do more outdoor adventures. Please email gstroop43720obt@gmail.com if you want to order cookies.



Members and guests of the Oregon Buddhist Women's Association (OBWA) were very happy to once again gather in person for their traditional New Year's luncheon. The gathering was celebrated at Kumi Buffet on February 18th.

OBT Events and Meetings

Links to and list of Recurring Events. Because most events are now live in OBT, this table will be reduced to a listing of recurring events with zoom links. For questions: bec@oregonbuddhisttemple.com

Please check our website for any last minute updates.

OBT Regular Service Dharma Exchange (following the Regular Service) And some special events that are held in the Hondo right after service like the general meeting.		Every week – Sun 10 AM Every other week at 11 AM
Link below to website for the filmed services, and below that the zoom link for the hybrid services and events that follow service. https://www.oregonbuddhisttemple.com/ Zoom: https://us06web.zoom.us/j/85452093371?pwd=RkV2QkRyb3dIRllyQkNneFE5cTRKQT09 Meeting ID: 854 5209 3371 Passcode: 517706		
Intermediate Study Class Zoom Meeting ID: 815 9359 3428		Every 2 weeks – Wed 7 PM (see calendar) Passcode: 704135 https://us02web.zoom.us/j/81593593428?pwd=WEhYSEZTV0RlcEN4MjhpNnNvOUxBZz09
OBWA Zoom Meeting ID: 962 3703 0266		3rd Sat, mid-month, each month – 10 AM (see calendar) Passcode: 574232 https://zoom.us/j/96237030266?pwd=QjYxMjl5dDM3cnFVLzR5YmEvUU94UT09
Dharma School (specific dates in calendar) Meets almost every Sunday, in person at OBT. See Ann Shintani for details.		
OBT Girl Scout Troop (specific dates in calendar) Meets the first and third Sunday of each month at 12:15, in person at OBT. See leader Amy for details.		
Sunday Bon Odori We will have bon odori on the last Sunday of the month at 1 PM in the basement. (July is an exception because of Obon, and August we might be dancing at the Japanese Garden). Request masks and distancing. We will have fans going to circulate the air. Zoom link if you can't make it in person. https://us02web.zoom.us/j/81054749182?pwd=aHBjNXhERzNyT3hUU0E5Wmw2cUliZz09 Meeting ID: 810 5474 9182 Passcode: 113529 We will sent out a Japanese stuff email. But don't have the webpage done yet. See Chris for details.		

Oregon Buddhist Temple January 2023 Donations

In memory of Jean Tateishi

Ken S. Ninomiya
Jean Matsumoto
Nikkei Fujinkai
Frank & Janet Fujitani
Jennifer Fujitani

In memory of Herb Osaki

Jean Matsumoto

In memory of Ken Kawazoe

Jean Matsumoto

In memory of Al Abe

Jean Matsumoto

In memory of Dr. Toshio Inahara

Anonymous

In memory of Ruth Kondo Nakata

Jean Matsumoto

In memory of Elna Shinseki

Earl Shinseki

In memory of Akira Ichikawa

Shinya & Jayne Ichikawa

***In memory of Gomichi Tanada,
Shime Tanada, Ferris Tanada,
Howard Tanada***

Tanada family

SHOTSUKI HOYO

Amy Peterson

***In memory of Nami Sasaki,
Tsunetaro Sasaki***

Joyce F. Olsen

In memory of Tom Hokama

Pat Hokama

In memory of Tomi Tsujimura

Katie Tamiyasu

In memory of Hisashi Okamoto

Janice Okamoto

SHOTSUKI HOYO (continued)***In memory of Sakae Ando***

Diane Ando Harder
Roberta Ando

In memory of Haruno Saito, May Saito

Carolyn J. Saiget

In memory of Dorothy Fujiko Nakagawa

Anonymous

In memory of Francis Iwamoto

Katie Tamiyasu

In memory of Sonoe Muraoka

June & Stan Shiigi

Yearend gifts to the temple

Chris Dart
Traci & Wynn Kiyama
Jean Matsumoto
Debra Shimamoto
Amy Peterson
Atsuko Richards
Chie Nakamichi & Paul Nist

Special donations

Community Foundation for
SW Washington
James & Judith Nakashima
Jean Matsumoto (*Hishinuma Fund*)
Jean Matsumoto (*Tamura-Terakawa
Scholarship Fund*)
Jean Matsumoto (Building 50th Anniv.)
Shoun & Grace Ishikawa
Etsuko Osaki (*Hishinuma Fund,
in honor of OBWA*)
Suniti Kumar
Kent M. Matsuda
Glenda Watson-Coly
Roberta Ando (*BCA Dana Program*)
Anonymous (*taiko performance*)
Eleanor Condliffe (*taiko performance*)
BeeBee Tan-Beck (*taiko performance*)
Allison G. Leak (*taiko performance*)
Katie Tamiyasu (*Nirvana Day*)
Denise Kawasaki
Jean Paul Deguzman

Hoonko / Hoonko Seminar

Etsuko Osaki
Gerald & JoAnn Sumoge
Todd & Elaine Yuzuriha
Diane Ando Harder
Dana Kakishita
Roberta Ando
Katie Tamiyasu
Janice Okamoto
Pat Hokama
Alfred Ono

2023 Annual Pledge

Charles Reneau
Ann Shintani & Scott Winner
(*family*)
Suniti Kumar (*family*)
Heidi Hanson (*family*)
Yoshie Kagawa
Gerald & JoAnn Sumoge
Judy & Paul Hittle
Susan Leedham
Katie Tamiyasu
Elaine Yuzuriha
Randy Choy & Kim Kono
Debra Shimamoto
Kiyomi Dickinson
Joseph & Lora Wahl
Shinya & Jayne Ichikawa
Anonymous

***Monthly/quarterly/semi-
annual pledge donations***

Jean Matsumoto
Diane Ando Harder
Karol Kennedy
Susan Endecott

***Donation acknowledgements
are mailed for donations of
\$250 or more, and to any
donor upon request. Please
inform us of any significant
errors or omissions.
Thank you.
sjendecott@gmail.com***

Thank you for your continued support

Thursday, February 23, 2023



Photos by Rev. Sugahara



76th Annual Japanese American Graduation Banquet

Elaine Yuzuriha

Mayu Garner, daughter of former OBT President Ken Garner and OBT Webmaster Maho Garner will be recognized at the Japanese American Community Graduation Banquet on Sunday, April 30th, 2023, 1 pm, Monarch Hotel & Conference Center (12566 SE 93rd Ave., Clackamas, OR).

The public is invited to attend the annual Japanese American Graduation Banquet, an event celebrating the achievements of the Japanese-American high school class of 2023 who reside in the Portland metropolitan area and Clark County, Washington.

This year's keynote speaker will be Bishop Diana Akiyama, the first Japanese-American female Episcopalian minister and the first female bishop to lead the Episcopal minister and the first female bishop to lead the Episcopal Diocese of Oregon. Japanese American community scholarships are sponsored by Portland area businesses, organizations, and individuals and will be awarded at the banquet. Tickets are \$45 for the banquet luncheon, graduates are complimentary.

JODOSHINSHU BUDDHISM

There was once a Zoo. Its star attraction was an extraordinarily beautiful Bengal Tiger. One day the Tiger died. The Zoo Keeper was heartbroken. The number of visitors fell. Several days later, a man knocked on the Keeper's door and asked for a job. At first the Keeper turned him down and then on second thought, said, "Would you be willing to take this Tiger's skin and practice wearing it??? If you can fool the people into thinking you're a real Tiger, I'll pay you four bottles of sake a day!"

The man, who loved to drink, agreed. He took the Tiger's skin home and practiced before the mirror every day. Once in the cage, no one suspected the ruse. One day, however, two students began arguing in front of the Tiger's cage. One thought that the Lion was stronger than the Tiger, the other thought differently. Finally they bribed the cage handler to open the partition that divided the two animals.

The Lion immediately bounded into the Tiger's cage. By this time, the Tiger was standing straight up, back against one corner and his hands in front of his face. The Lion stood up on his haunches, braced his huge paws on the Tiger's shoulders, opened his jaws wide and let out a terrifying roar. The man in the Tiger's skin thought he was surely going to die. When all of a sudden he heard a voice, coming from the Lion's mouth; the voice whispered, "Say, how many bottles of sake are you getting a day???"

"We eat rice three times a day for sixty years. And yet, we can't describe what it tastes like. It's the same way with the Teaching. Namuamidabutsu"

"About six years ago, a Caucasian girl visiting Japan fell in love with native Japanese. In order to please her boyfriend, who wanted her to look more Japanese, she went through a series of painful plastic surgeries. She had her double eyelids made into single eyelids. She had her high cheekbone flattened and her cheeks puffed up. She had her breasts made smaller. She had her brunette hair dyed jet-black. She even learned to walk in the slightly hunched and mincing manner of a geisha.

After months of preparation, she went back to her boyfriend. The boyfriend, however, reacted in an unexpected manner. The boyfriend felt that somehow she did not look right. Eventually, he dropped her and married a Japanese girl."

The above quotations are from the book, JODOSHINSHU BUDDHISM, Through Stories, Translations, Sayings, and Sermons by Tetsuo Unno.



Dharma Exchange, February 12, 2023

Cathy Yarne

Using examples written by Rev Sugahara and Rev Kobata, the following acronyms were created by Sangha members during the 2/12 Dharma Exchange. Thank you for sharing your creativity!

An acronym is "A word formed from the initial syllables or letters of another word".

Reflect
Appreciate
Inhale
Na man da bu

Admi**r**e
Compassion
Thankful

Serenity
Openness
Buddhism

Play
Ordinary
Empathize
Meditate

Selfless
Honest
Ordery
Empathetic

Calling
Hearing
Aloud
Notice
Time

Pease
Exchange
Present

Sense
Examine
Resolve
Verbalize
Effort

Practice
Everyday
Appreciation (and)
Compassion (is)
Empowering

Sharing
Activities
Nurturing
Growth
Helping
Aspiring

GratITUDE
One**n**ess
Love
Dharma

Wynn Kiyama Receives Special Recognition – Congratulations Wynn!

On Thursday, February 23, 2023, Wynn Kiyama received special recognition from the Consul General of Japan. This was at the reception at the downtown Portland Hilton Hotel on the birthday of the Japanese Emperor.

In Wynn's words: "It's a commendation for outstanding contributions to friendship and understanding between the US and Japan. I guess it was for my work with Portland State University, Portland Taiko, and the Three Nations events with the Oregon China Council, Honorary Consul of Korea in Oregon, and the Consular Office of Japan in Portland."



Photo by
Todd Yuzuriha

Below is the application form to be a Supporter of the OBT for 2023. Please use one form for each person.
Thank you.



**SUPPORTER OF THE OREGON BUDDHIST TEMPLE
PLEDGE FOR 2023**

Please provide the information below to ensure that our records are accurate and up-to-date

Name _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

All individuals who make a pledge will be listed as a Supporter of the Oregon Buddhist Temple.

For Individuals who pledge \$300 or more:

- A portion of your pledge will be forwarded to the Buddhist Churches of America (BCA) for BCA membership
- Eligible to be nominated to be on the Oregon Buddhist Temple Board of Directors
- Eligible to vote for the Board of Directors and other issues that are presented at the General Meeting

I will pledge for 2023, the amount of \$ _____

_____ The above amount is to be given as a one-time amount of \$ _____ or

_____ The above amount is to be given in payments of \$ _____

_____ Monthly _____ Quarterly

Please send this completed Pledge for 2023 to:

Oregon Buddhist Temple
3720 SE 34th Avenue
Portland, OR 97202-3037

Pledge payments can be mailed to the above address or made via PayPal at

OregonBuddhistTemple.com

In gratitude for your support of the Oregon Buddhist Temple