



# Golden Chain

I am a link in Amida's golden chain of love  
that stretches around the world. I  
will keep my link bright and strong.

I will be kind and gentle to every  
living thing and protect all who are  
weaker than myself.

I will think pure and beautiful thoughts,  
say pure and beautiful words,  
and do pure and beautiful deeds.

May every link in Amida's golden chain of love  
be bright and strong  
and may we all attain perfect peace.